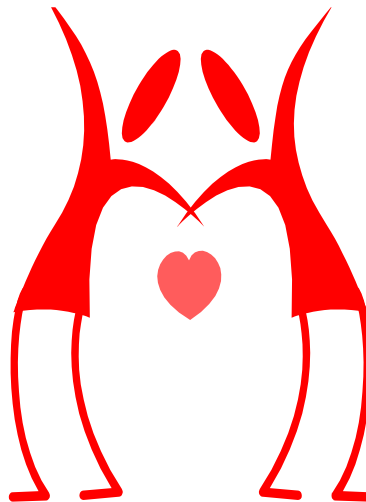


♥ HEART Peer Educator Program ♥ in San Leandro

“Helping Everyone Achieve Respect Together”

HEART is a year long Peer Education program for high school girls all over Alameda County. Through the program, you will:

- ♥ Serve as a resource to your friends on health and sexuality issues
- ♥ Attend weekly meetings and earn a monthly \$40 stipend
- ♥ Go on a Retreat and bond with other girls
- ♥ Meet new friends and share your experiences
- ♥ Be respected and help your community through leadership



2010 – 2011
Application Packet

Application Deadline: Friday, April 16, 2010!



HEART Peer Educator Program 2010-2011
"Helping Everyone Achieve Respect Together"



Peer Educator Application

We hope you apply to become a HEART Peer Educator!

The application process is simple. Each step is designed to help you build skills, knowledge and experience that will be useful to you not only as a peer educator but in the future when you apply for jobs, for higher education, for special financial aid, etc.

Here are the steps and the time line:

- Step 1** **Read the information about the HEART Peer Educators program and decide whether this is a time in your life** when you would benefit from the program.
- Step 2** Complete the **Application** Form. **Keep this page for your records.**
- Step 3** Have **1 peer** and **1 adult** write a **recommendation** for you. There are forms enclosed for you to give out. The letters of recommendation are due with your application.
- Step 4** **Turn in the Application Form** to Alexis Wielunski by Friday, April 16th, 2010!
You can turn it in by:
- Mailing it to: 13666 E. 14th St, San Leandro, CA 94578.
 - Faxing it to (510)357-5112
 - In person at 2251 Bancroft Ave, San Leandro, CA
- Step 5** Girls Inc. will call you to **schedule an interview** (don't stress, it's no biggie – it's mostly a chance for you to ask questions!).
- Step 6** HEART staff will contact you to let you know if you have been accepted into the HEART Peer Educator program. You will hear from us in mid-May, and training will begin in August 2010.

If you have questions about the application or the HEART program, please contact Alexis Wielunski at 510.357.5515 ext. 237 or awielunski@girlsinc-alameda.org.

Thank you for your interest in HEART, we look forward to receiving your application!!!



HEART Peer Education Program 2010-2011

Peer Educator Application

PLEASE WRITE VERY CLEARLY

Your Full Name _____ Date _____

Age _____ Birthdate _____ Address _____

City _____ Zip Code _____

Home Phone _____ Cell Phone (if you have one) _____

Email (if you have one) _____

School _____ Current Grade _____

Favorite subject _____

Optional

We like to know as much as possible about you and the special qualities you bring, so we appreciate you responding to the following questions:

Birthplace _____

Race/Ethnicity _____

Language(s) spoken at home _____

Describe your family in a few words _____

Qualifications checklist (Check all that apply for you):

- Able to attend a **week long training** August 9th through August 13th, 2010
- Able to attend **weekly 2-hour meetings on Thursday 4-6 pm** in San Leandro from September 2010-May 2011
- Have **transportation** access to get to and from every meeting **on time**
- Interested in **learning more about teen sexuality** and reproductive health issues
- Interested in learning ways to **support peers**
- Able to **reach out** to peers and **listen to peers without judging them**
- Able to **listen to peers without telling them what to do or giving them advice**
- Able to maintain **confidentiality**
- Able to attend **one weekend-long retreat** (exact date TBA) and **field trips every 1-2 months** from September 2010-May 2011



The HEART Peer Educators provide mostly one-on-one guidance and referrals to peers on topics related to teen health and sexuality. You will be trained to cover aspects of teen life like relationships, sex, drugs and more!

Please list 4 characteristics or qualities that you think an effective Peer Educator must have:

- ♥
- ♥
- ♥
- ♥

Please list 4 of your strengths that you think will help you as a HEART Peer Educator:

- ♥
- ♥
- ♥
- ♥

What are 2 words that describe your neighborhood/community:

- ♥
- ♥

Please list 4 health and sexuality issues that you see young people facing today:

- ♥
- ♥
- ♥
- ♥

What would you hope to learn and experience as a HEART Peer Educator?

What do you think would be most challenging for you as a HEART Peer Educator?

Girls Incorporated of Alameda County
HEART Peer Educator Program 2010-2011
"Helping Everyone Achieve Respect Together"



Peer Education Application
RECOMMENDATION

Name of Person Applying to a HEART Peer Educator _____

Name of Person Providing Recommendation _____

Relationship to Applicant (please check one): Friend Classmate Relative

Teacher Counselor Other (please specify): _____

Please use the space below to write 2 -3 sentences about the applicant and why you think she would be an excellent participant in the Girls Inc. HEART Peer Educator program, a peer education program focusing on adolescent/teen health and sexuality issues.

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