Girls Incorporated of Alameda County

Pathways Counseling Center

Openings for: There are both full-time and part-time psychotherapy internships for the period of time August 21, 2009 – August 14, 2010.

Department: Pathways Counseling Center

Pathways Counseling Center is a CAPIC member agency. Pathways Counseling Center operates an internship level training program as well as a practicum level training program.

Professional development is valued and supported at Pathways Counseling Center. Professional staff clinicians (psychologists and MFTs) are actively involved in their own continuing education outside of the agency and a modest training budget is available for each clinician. Members of the clinical staff are connected to the psychoanalytic community and we provide information to each other concerning outside trainings. As a result, case conferences and training within the agency provide opportunities for stimulating and fruitful discussions among us. PCC staff helped develop and are active coordinators in an interagency consortium of psychoanalytic educators, which focuses on such, training topics as: separation and attachment, termination of therapy in the training setting, race and ethnicity in the clinical encounter, and clinical supervision. An atmosphere of collegiality promotes collaboration and consultation among staff.

We actively encourage bilingual (Spanish-English) candidates to apply. EOE.

STRUCTURE of the INTERNSHIP

Full time Interns: Will work in both clinical settings and school settings (#1 and #2 listed below) for a total clinical placement of 40 hours per week. The clinical placement's duration is 48 weeks during the period of August 21, 2009 – August 14, 2010.

Half-time Interns: Will work in one (either #1 or #2 listed below) or a combination of both settings for a total clinical placement of 24 hours per week. Duration of clinical placement for:

- School-Based Health Center <u>or</u> Individual School Campuses (#1 below): Will be 38 weeks per year during the time period of August 21, 2009 — June 12, 2010.
- Pathways Counseling Center (#2 below): Will be 48 weeks during the period of August 21, 2009– August 14, 2010.

INTERNSHIP DESCRIPTION

1. School-Based Health Center <u>or</u> Individual School Campuses (SBHC/ISC): Provide assessment and mental health consultation services (to teens, families, and school personnel) as well as individual and group therapy to teens (6-20 hours per week). Service sites are elementary, middle, and senior high schools in San Leandro and Oakland. Applicants should be interested in working in collaborative school based settings, coordinating with other outside agencies and providers, and have experience in documenting and maintaining thorough clinical records. Clinical experience with child abuse and neglect cases, parent-child conflict, depression and suicidality, anxiety, peer and relationship problems, crisis intervention, and chemical dependency desired. Experience in urban school setting is highly desirable and bilingual capability (Spanish - English) is highly desirable.

   The Intern may expect to have some cases which are brief in nature and others which are intermediate-term or long-term. Modality, length and frequency of therapy are considered to be assessment/treatment considerations and not dictated by any externally imposed restrictions (e.g. those imposed by contract conditions).

   We are looking for candidates with diverse clinical skills, since this individual will be treating some teens in group therapy, others in individual therapy, and also conferencing with parents in a collateral capacity when indicated.

- Collaborative Project: The Oakland Unified School District, in partnership with the Alameda County Health Care Services Agency, has contracted with La Clinica de la Raza for the delivery of comprehensive School-Based Health Center services. Girls Inc.'s outpatient mental health component, Pathways Counseling Center, has partnered with La Clinica de la Raza. La Clinica de la Raza is the medical and health education provider as well as the lead agency and Pathways Counseling Center is the mental health provider. One of the primary goals of our productive partnership is to increase access and utilization of mental health services by teens. We deliver other school-based mental health services at campuses in Oakland and San Leandro. For these services, we partner with schools and school districts in order to coordinate and streamline service delivery
- Hours: The SBHCs and ISCs are open and available to students during weekdays 8:30 a.m. - 4:00 p.m. and each Intern will be placed 1 – 3 days per week.

2. At Pathways Counseling Center: Pathways Counseling Center operates as a general outpatient mental health clinic, treating a wide variety of patients of all ages (male and female) and presenting problems. Individuals and families treated at the Center are referred by numerous community agencies, schools, employers, physicians, managed health care organizations and other therapists. Although our primary service area tends to be Alameda County, we have no specific restrictions or eligibility criteria. In addition, family literacy enrichment activities are provided to under-served preschool children and their families in a consultation model.

TRAINING and CLINICAL SUPERVISION

On a weekly basis, the Intern will minimally receive:

- Two (2) hours of individual clinical supervision towards licensure. The primary supervisor will be in the same discipline as the Intern (psychologist or MFT). The internship will meet requirements for supervised professional experience in the Intern's discipline.
- Didactic seminar (2 hours).
- Group supervision (2 hours).
- Clinical documentation seminar (1 hour).

IN GENERAL

Qualifications for Internship:

- Qualifying Status. Prior to beginning the internship, must be:
  - MFT Intern. Registered MFT Intern with the California Board of Behavioral Sciences.
  - Post-Doctoral Intern. Registered Psychologist with the California Board of Psychology.
  - Please Note: With both the BOP and the BBS, intern registration completion often takes 10 – 12 weeks from the point of application. Application to both boards should be made no later than early June 2009.
- Successful completion of a background check (Department of Justice fingerprinting required).
- TB medical clearance required.
- Bilingual considered an asset (Spanish – English).

Hourly Rate: $11.50 per hour.

Interns are not eligible for any agency sponsored benefits.

APPLICATION

Please send your resume/c.v. and cover letter (electronic version is preferable) to:

Vicci Tibbetts, Clinical Training Director
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