

Clinical Supervision in Complex Settings
 Southern Alameda County Sexual Abuse Consortium
 January 27, 2010
Instructor: Reyna Cowan, L.C.S.W.

This workshop looks at the complex interplay between clinical supervision and agency-needs. We examine the continual agency pressures of: funding requirements; the social and cultural issues of the agency's clientele; limited external resources; and the stress of working with crises in the agency. These issues can be exacerbated by the additional complexities inherent in agency-to-agency collaborations. With these issues as a backdrop, this course provides a structure for thinking about clinical supervision in an agency setting. Utilizing a theory of containment, we will examine how the supervisor can utilize and develop a transference/countertransference matrix as an entryway to understanding and providing structure and support for the supervisee. The workshop will conclude with an agency-based panel to provide structure and containment to the day and help create a way to further think about the issues raised during the training.

- 9:00-9:30 **Introduction**
How to think about Clinical Containment in an Agency Setting
- 9:30-10:30 **Thinking about supervision while managing the day-to-day issues in a community clinic setting** (outpatient mental health, school-based, social services agency, county agency)
- 10:30-10:45 **Break**
- 10:45-12:00 **Clinical Issues of Supervision**
Transference, Countertransference, Containment
- 12:00-12:30 **Break-out Session and Audience Discussion**
- 12:30-1:30 **Lunch**
- 1:30-2:30 **Clinical Case Supervision**
Presentation by Rebecca Cannon, MFT to Reyna Cowan, L.C.S.W.
- 2:30-2:45 **Audience Discussion**
- 2:45-3:00 **Break**



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3:00-4:00

Agency Panel

Audrey Dunn, L.C.S.W., Alex Mendez, Ph.D., and Mahima Muralidharan, Ph.D., Facilitated by Reyna Cowan, L.C.S.W.

Goals and Objectives:

1. Participants will be able to describe two impacts that multiple agency needs can have on staff needs.
2. Participants will be able to summarize how transference/countertransference issues get played out in supervision.
3. Participants will be able to identify two ways to utilize containment in supervision.
4. Participants will be able to describe the impact of complicated client-dynamics on supervisees' ability to discuss issues with their supervisor.
5. Participants will learn two ways to speak to the needs of the supervisee in supervision.

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