

Southern Alameda County Sexual Abuse Consortium

Clinical Supervision in Complex Settings

Reyna Cowan, L.C.S.W.

Clinicians in community mental health agencies are often responsible for providing intensive services with increasingly limited support. As the pressures increase, clinical supervisors must grapple with numerous challenges. We have to juggle intense administrative demands while providing clinical supervision and support to staff and interns. This workshop will provide a unique way to think about the many complexities of supervision. First, we will look at the impact of negotiating agency pressures for funding responsiveness, paperwork and meeting the needs of challenging issues with the populations that we serve. Then, we will look at a strategy for thinking about how to provide comprehensive clinical supervision that creates an environment that allows the staff member or intern to feel contained, understood and respected as they try to meet the needs of the clientele. Utilizing psychoanalytic theory, case examples and a special panel to think about specific issues that arise in school-based setting, we will begin to think about new ways to think about supervision in an agency-setting.

Reyna Cowan, L.C.S.W. Reyna Cowan is a graduate of the Psychoanalytic Institute of Northern California and a psychotherapist in private practice. She also provides clinical supervision to post-degree students at the ACCESS Institute in San Francisco. She teaches at a variety of training programs throughout the Bay Area. Ms. Cowan worked for eleven years as the program coordinator for the PASSAGE Program in the Center for the Vulnerable Child at Children's Hospital and Research Center Oakland. She specializes in working with adults, couples, children and adolescents, including issues related to trauma, adoption, and the infant-parent relationship. Her clinical practice is in Oakland.

Thursday January 27, 2011

9:00 a.m. to 4:00 p.m.

8:30 to 9:00: Coffee and Registration

Lunch provided – indicate lunch selection on registration form below.

Marina Community Center

15301 Wicks Blvd., San Leandro

Registration: **\$100** if received by **January 13, 2011**; **\$115** for late or at-the-door registrations (if space available, will NOT include lunch). Refund Policy: No refunds after January 13, 2011.

Participants with disabilities will be accommodated whenever possible; applicants with special needs should contact Rebecca Cannon, at the number listed below, as early as possible so that appropriate arrangements can be made.

This course meets the qualifications for six hours of continuing education credit for **MFTs and LCSWs** as required by the California Board of Behavioral Sciences (provider approval #: PCE9) and for **Psychologists** as required by the Board of Psychology. SACSAC is approved by the American Psychological Association to sponsor continuing education for psychologists. SACSAC maintains responsibility for this program and its content.

REGISTRATION FORM (Required by **January 13, 2011**)

NAME: _____ ORGANIZATION: _____

ADDRESS: _____ PHONE: _____

Circle Sandwich Selection (no special orders): TURKEY TUNA VEGETARIAN

If you need a certificate of completion for MFT, LCSW, or Psychologist CE hours, please list your license type and license #: M.F.T.: # _____ L.C.S.W. # _____ PSY #: _____

Please enclose the **\$100** registration fee per person, payable to **SACSAC** and send to:

SACSAC: 13666 East 14th Street, San Leandro CA 94578, (510) 357-5515

A copy of this announcement and a list of course objectives can be found at:

www.girlsinc-alameda.org/programs/services.htm